



Farney Close

Independence

Programme

Introduction

Week 01 – Time Management

Week 02 – Finances 1: Paying bills and banking

Week 03 – The utilities

Week 04 – Reading the meter

Week 05 – Clothes and Laundry

Week 06 – Safety and the emergency services

Week 07 – Internet security

Week 08 – Unemployment

Week 09 – College and Further Education

Week 10 – Home Maintenance 1: Jobs around the house

Week 11 – Home Maintenance 2: DIY

Week 12 – Finances 2: Other household bills

Week 13 – My health 1: Staying healthy and personal hygiene

Week 14 – Negotiation and compromise

Week 15 – Being a good neighbour

Week 16 – Writing letters and emails

Week 17 – My Health 2: A healthy lifestyle

Week 18 – Your rights

Week 19 – The helpful community

Week 20 – Travel 1: The public transport network

Week 21 – Positive friendships

Week 22 – Sex and relationships

Week 23 – Travel 2: Going abroad and holidays

Week 24 – Home Maintenance 3: DIY

Week 25 – Travel 3: Learning to drive

Week 26 – Getting a job 1: Finding opportunities

Week 27 – Getting a job 2: CV's and interview preparation

Week 28 – Getting a job 3: The interview